



HERNE HILL HARRIERS **HIGHLIGHTS**

July 2022

Welcome to your monthly Newsletter – I hope you enjoy it. Athletes, coaches, team managers if you have any photos and achievements you would like include in future issues, please email me: glenkeeganhhh@gmail.com

Medals galore for Herne Hill Youngsters at English Schools Championship



The young athletes section of Herne Hill Harriers was very well represented at the English Schools Athletics Association Championship in Manchester over the weekend. A total of twenty two athletes from the club competed for their county schools teams, the great majority for London, but with some also for Surrey. Four of these brought home individual silver medals from the highest level of domestic school competition, with all four of them also adding a sprint relay medal each to an impressive tally.

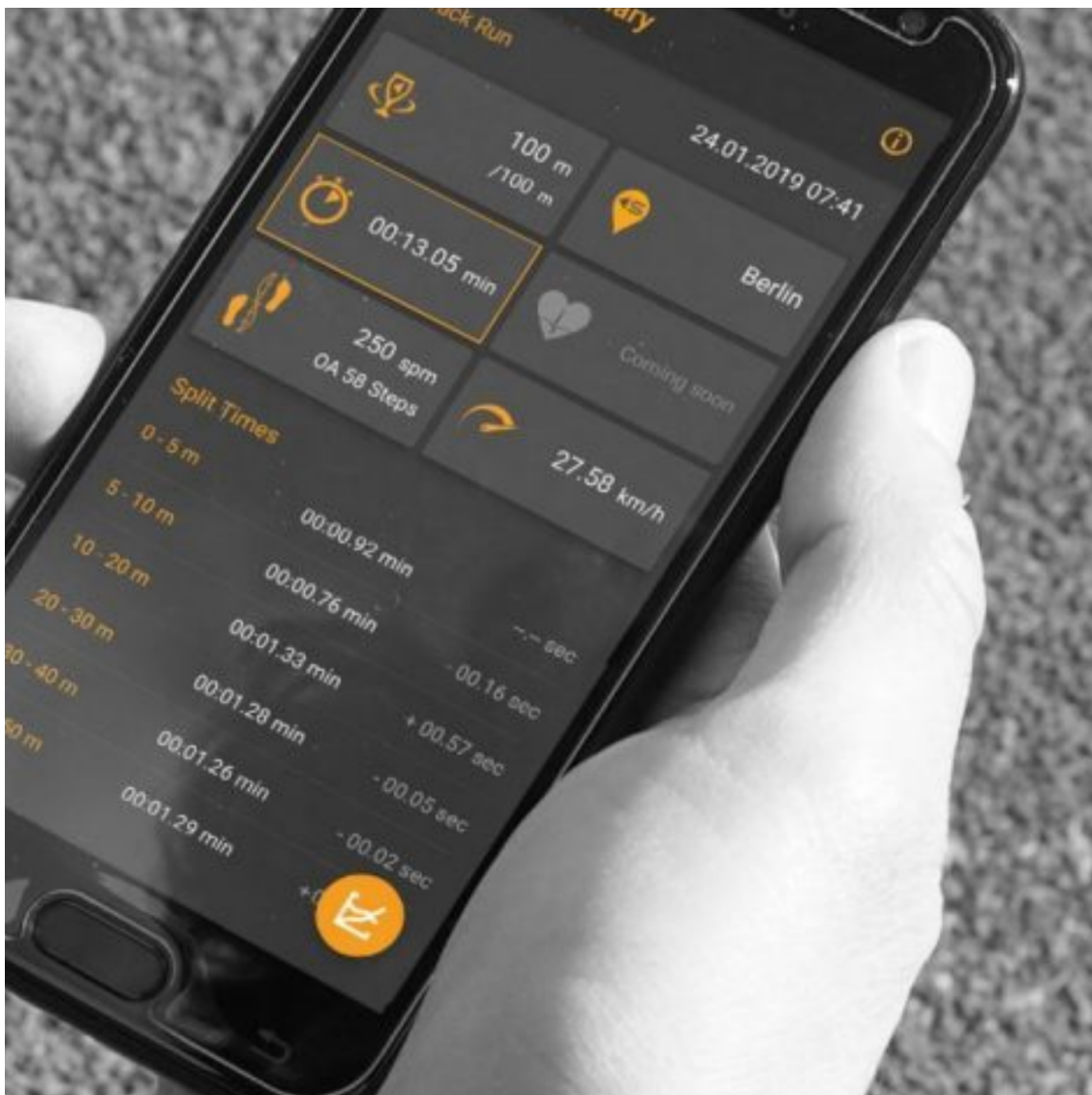
Two of the silver medals were achieved in the Junior Girls age group. Ella Rennie and Lily-Rose Brown. In the Junior Boys age group Freddie Hake contesting the 300m saw him win a silver medal. Later on Saturday he then added a gold to his collection with the Surrey Schools 4 x 100m relay team.

One more individual silver medal from the Harriers contingent was Senior Girls 100m athlete Niyah Costley, who also won a team gold medal in the London 4 x 100m relay team.

Dr Rosena Allin-Khan MP – toes the line at the refurbished Tooting Bec Track



We had a very successful opening event on 16 July to celebrate the official re-opening of the track. As well as our local MP, representatives from Sport England and Wandsworth Council also attended. They were all treated to a fantastic day of club athletics as Herne Hill Harriers finished a close second on the day in Match 3 of the Southern Athletics League.



New Tech in the Track

You can now start using the features in-bedded in our new Smart Track. Watch the videos and download the App here:

<https://smartracks.run/smartracks-run-app/>

Herne Hill coaches will be receiving full training on 31 August so we can all get the most from the new technology.

Another Global 1500m Semi-Final for Katie in Oregon





Herne Hill Harrier Katie Snowden raced for Great Britain on both Friday and Saturday evenings in Eugene, Oregon in the World Athletics Championship women's 1500m.

She was disappointed to go out in the semi-finals, in her own post race words, Katie said "I'm frustrated as I still had high expectations for myself and sad that I couldn't give my best here when it was needed. I'm glad there's still plenty of the season left to do better and perform how I know I can".

Her next opportunity will be when racing for England in the Commonwealth Games in Birmingham in early August and the Europeans in Munich mid-August.

Youth Development league

A highlight for me this month was helping officiate at last Saturday's YDL. It was so inspiring and a privilege to watch the young athletes competing and to witness their sheer joy on winning or achieving a new PB. A real feel good event, that was made even better when team HHH took the win by 30 points.



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