



# **HERNE HILL HARRIERS** **HIGHLIGHTS**

## **January 2022**

Welcome to your monthly Newsletter – I hope you enjoy it. Athletes, coaches, team managers if you have any photos and achievements you would like include in future issues, please email me: [glenkeeganhhh@gmail.com](mailto:glenkeeganhhh@gmail.com)

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## **Surrey Medals galore for Herne Hill Youngsters**



Herne Hill Harriers enjoyed a storming start to the new year winning three sets of team gold medals at the Surrey County cross country championships on a muddy and testing course in the Denbies Wine Estate in Dorking.

Showing great teamwork and determination in the first championships of the winter apart from relays, the club won the Under 13 boys, Under 15 boys and Under 15 girls team honours as well as finishing third in the Under 13 girls and Under 17 men's team races

In the first race of the day the U13 boys team was led by Caspian Holmes who was fourth Jack McLennan sixth, Dylan Gillies ninth, and Edward Cunniffe

13<sup>th</sup> and were the winners by 20 points. Edward was running in his first U13 boys race for the club having just turned 11 years old.

In the U15 boys race there was an exciting finish with Keeran Sriskandarajah snatching second place in the final 50 metres supported by Fabien Whitelock fourth, Alex Wilson fifth and Warren Wilson 12<sup>th</sup>.

The U15 girls were inspired to match the boys led home by Orla Carroll who, like Sriskandarajah claimed an individual bronze medal, but in third, India Blakey eighth, Vivi Marshall 12<sup>th</sup> and Eve O'Hanlon 17<sup>th</sup> Orla Wright equalled the clubs highest individual placing of the day in second place in the U13 girls race and led the team home to third place in a very high quality event. Sophie Jack was tenth, Florence Mills 15<sup>th</sup> and Lily Kitto 23<sup>rd</sup>.

The U17 men also won bronze team medals through Robin Bebbington tenth, David Aisa Miller 18<sup>th</sup>, Sam Maloney 28<sup>th</sup> and Diego Lister 32<sup>nd</sup>. Maloney and Lister have only just returned from long term injuries. The Under 17 and Under 20 women raced together, but with individual championship results recorded separately.

Pheobe Bowen placed fifth in the U17 women's race, while ahead of her Poppy Craig McFeely was a good third in the U20 behind two current Great Britain junior internationals and was the final Harriers athlete to take home a county medal on the day.

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Caspian proudly displaying his bronze medal.

## **South of England Cross Country Bronze for Caspian Holmes**

On a very mild Saturday for late January, Beckenham Place Park was busier than usual with thousands of club runners competing in the South of England Cross Country Championship. The day saw a series of exciting races with all age groups from under 13s through to seniors taking part. The course used was very dry under foot, but was nevertheless tough with the inclusion of a number of hills.

This competition is at a higher level than the local leagues and county championships, but one Herne Hill Harriers athlete in good recent form claimed an individual medal. Caspian Holmes produced his best performance to date to bring home a bronze medal in the Under 13 boys race with an excellent run. Holmes will now be looking to test himself at national level when the English Cross Country Association Championship comes to Parliament Hill at the end of February

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## Help needed for HHH summer athletics events

We have a busy summer ahead on the track, and that is only possible with your support.

So if you think you can help out, please let me, Dan Hallam know.

Possible "home" fixtures:

- 27 June Vets league at Battersea
- 16 July Southern Athletics League
- 13 August Southern Athletics League

Look forward to seeing you somewhere in South London over the coming year.

Thanks Dan Halam

HHH Officials Sec

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## Forth coming fixtures:

### Cross country

Sun 6th Feb – Downs League for U11/13/15/17 boys and girls – Epsom Downs

Sat 19th Feb – Surrey xc league for all – Effingham

Sat 26th Feb – National xc champs for all (entries closed) – Parliament Hill

Sat 5th March – East Surrey league – Lloyd Park

Sun 6th March – Downs league for U11/13/15/17 boys and girls – Epsom Downs

Sat 19th March – English Schools xc champs – Hop Farm Kent

### Indoor

Sat / Sun 12/13 Feb Surrey County champs entries close NOON 4th Feb – Sutton Arena

Sat / Sun 12 / 13 Feb National indoor U15/17/20 champs – Sheffield  
Sat / Sun 12 /13 March National U15/17 combined events champs entries  
close 27.2 – Sheffield

## Road

The Wimbledon 5K Dash has a new early-season date: 13 March, 2022. This year the race will be the first in the Surrey Road League Series, as well as incorporating the Surrey County Senior and Masters 5K Championships.



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