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# HERNE HILL HARRIERS HIGHLIGHTS

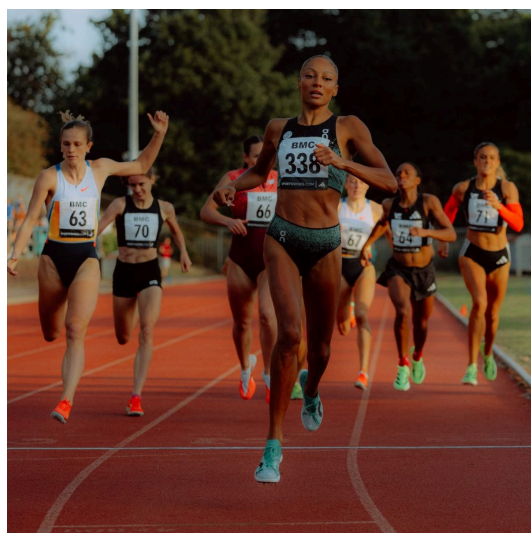
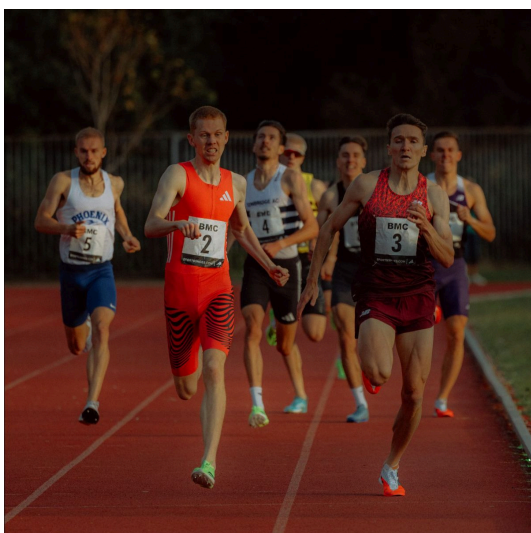
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## August/September 2025

Welcome to your monthly Newsletter – I hope you enjoy it. Athletes, coaches, team managers if you have any photos and achievements you would like include in future issues, please email me: [glenkeeganhhh@gmail.com](mailto:glenkeeganhhh@gmail.com)

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## Stunning BMC meeting returns to South London





The fourth edition of the MarketAxess Tooting BMC meeting was the best yet. Around 1000 packed the arena to witness Olympians competing alongside top club athletes, a real smorgasbord of delightful vignettes.

The meeting witnessed ground records in six of the seven events, Men's 800m, 1500m, 3000m and 3000m s/c, and the Women's 800m and 1500m. With winning times of 1.45/1.59, 3.34/4.09, and 7.49/9.00 respectively for 800-3000m, M/W, and 8.20 for M3000m s/c, all seven events featured top end performances.

Reeve Walcott-Nolan stormed to victory and a PB in the Women's A 800m, ahead of two other athletes who will also be competing in Tokyo, and the British UK 1500m champion. This was the best ever BMC W800m race, with first to

eight in the range 1.59.05 to 2.00.19, and the latter ranking 18th on the BMC all time!

Ian Hodge, UK Athletics statistician, questioned whether Jake Wightman and Ben Pattison, who eventually prevailed, gave 'us the race of the year over 800m, in GB' with one hundredth separating them at the finish line. Only Ben (ranked second behind Seb Coe on the UK all time), and Max Burgin have gone quicker on the BMC all time.

The M1500 has established itself as a blue ribbon event at Tooting, having hosted 15 of the top 20 all-time BMC performances, with 48 athletes on the day going sub 3.50. This year's A race was again superb, with a winning time for Adam Fogg of 3.34.11, an outdoor PB. This was a BMC members record, and the second quickest ever time in a BMC event, ahead of Thomas Keen 3.35.22 and Nick Griggs 3.35.25, and great young prospects Henry Jonas and George Couttie, both 3.36s.

The Women's 1500m had a stacked field, with the winner improving the ground record established last year by Kate Axford. Berenice Cleyet-Merle, 4.09.63, led a fully international podium, with Yolanda Ngarambe second and Carmen Cernjul third, ahead of Abigail Ives and India Weir.

Both 3000m races were highly competitive. We witnessed the first ever sub 7.50 performance at Tooting, with a win for Simas Bertasius, 7.49.72, ahead of Jack Kavanagh and two other athletes who were also inside the old ground record. There was a great battle at the front of the women's 3000m between Colleen Quigley, a USA Olympian, who eventually prevailed, 9.00.33, and HHH's Georgie Grgec and Lucy Jones. It was fitting that we were able to award Georgie Club Honours Membership on the night, presented by 1984 Olympic Silver Medallist, 3000m, Wendy Sly, MBE.

The M3000m s/c produced a barnstorming end to the evening's entertainment, with athletes targeting World Championship QT of 8.15.00. None achieved this, but we did witness the three fastest ever times in a BMC meeting, a UK M35 record, and the fifth quickest time by a British athlete in more than 25 years. Phil's 8.20.15, was followed by Parker Stokes, 8.20.72 and Duncan Hamilton, 8.21.62, both USA athletes.

A huge thanks to our sponsors, MarketAxess, the athletes, spectators, officials and helpers on behalf of the organising team.

Results may be found here <https://www.britishmilersclub.com/result/tooting-20-aug-2025-results/>

All photos courtesy of Graham Smith **Keith Newton**

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# Herne Hill Harriers Shine at UKA Club Relay Championships

Date: Sunday 17 August 2025 Venue: Alexandra Stadium, Birmingham  
Herne Hill Harriers (HHH) did the club proud at this year's UKA Club Relay Championships, putting in a series of superb performances across five youth categories.

Although we weren't able to field senior teams on this occasion, our young athletes represented HHH brilliantly in the U20 Men, U17 Men, U15 Men, U17 Women and U15 Women relays.

## Early Start, Smooth Organisation

The squad met bright and early at Tooting Bec at 6:30 am. Team Manager Gilbert kept everyone organised and safe, while Coach Byron accompanied the athletes on the journey. On arrival in Birmingham, Coach Carbon handled check-in, numbers, and warm-ups, with coaching duties shared between Byron, Carbon, and Garth.

## Results & Highlights

U15 Girls – Bronze Medal & SB (49.17s)

Won their heat in style and produced a season's best in the final to take 3rd place.

Team: Sasha, Ariella, Alissa, Nahla.

U15 Boys – Strong Run, Unlucky Finish

Won their heat in 46.21s but a late baton drop in the final denied them a medal.

Team: Mason, Kaiden, Tolu, Oskar.

U17 Women – GOLD & New Club Record (46.84s)

Third in their heat, then stormed to victory in the final, smashing the club record.

Team: Princess, Olivia, Payale, Ella.

U17 Men – 4th Place, Season's Best (42.88s)

Just 0.16s off the club record after a fine run in the final.

Team: Orlando, Hanil, Callum, Morgan.

U20 Men – Fighting Spirit

With Esra stepping in for the injured Johnson-Cole, the team clocked a SB of 43.11s in the heat. A tricky changeover and a knock for Esra couldn't stop Raikion from delivering an outstanding anchor leg.

Team: Jordan, Sherif, Esra, Raikion.

## Podium Moments & Club Pride

The afternoon ended with a lively awards ceremony, where our U15 Girls and U17 Women collected their medals and posed for team photos. Despite entering fewer events than some larger clubs, HHH made a real impact thanks to the talent, teamwork, and enthusiasm of our young athletes.

Warm sunshine and a great atmosphere made for an unforgettable day.

### Thanks & Next Steps

A huge thank you to everyone who made the trip a success — athletes, parents, guardians, coaches, volunteers, and supporters. Your dedication keeps HHH thriving.

With the Surrey Championships coming up in September, these results give us plenty of confidence that there's more success just around the corner. **Garth Francis**

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## Stan Allen Miles

We hosted the Stan Allen Miles on Wednesday 3rd September named after our coach & icon Stan Allen,

Stan would have loved the unpredictability of the evening which started with a heavy cloudburst for 20 minutes which knocked out the power at Tooting Bec track until a replacement generator could be set up

We started almost on time after the power was restored and the meeting went really well with a host of PBs despite the Windy conditions and threatening dark clouds for most of the evening

On the track Stan would have loved the range of athletes as it really was an event for all with in the first race Under 11 boy Hunter Holmes mixing it with leaving and evergreen vets Michael Mann, Maggie Statham-Berry and Ros Tabor. Indeed Maggie and Ros have held British vets records in the past. Hunter was one of three of the Holmes family to run with Cataleya and Caspian and there were several families with more than one representative during the evening

In all 238 athletes entered and we could have had more if we had pushed harder and had more time to put on more races

As the races developed the times of the races dropped & there were some very good quality performances. Results are on open track athletics website

A huge thank you to all the helpers and officials during the evening to help the meeting finished bang on time and run very smoothly. Indeed one of the real highlights of the season has been the loyalty and dedication of our officials and we are now able to put on high quality meetings and of course it was only two weeks after the epic BMC meeting. If you are interested in officiating please contact Steve Bosley on [info@hernehillharriers.org](mailto:info@hernehillharriers.org) and he can let you know

the first steps. We are planning some exciting events for next summer **Steve Bosley**

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## **ANNUAL GENERAL MEETING**

The Annual General Meeting of Herne Hill Harriers to be held on Wednesday 29th October 2025, 7.00pm at THE BUSINESS LAUNCHPAD & TOOTING WORKS 89 BICKERSTETH ROAD LONDON SW17 9SH

Come and hear who will be the Club President for the coming year, hear about the clubs successes in the past year and meet the new officers of the club. You may wish to be considered for a position or be interested in helping the club or hearing more how the club operates.

Nominations are welcomed for six Vice Presidents to be voted on the evening – any candidate must have been a member for three consecutive years – please send any nominations by email to Hon Gen Secretary on [info@hernehillharriers.org](mailto:info@hernehillharriers.org) by 9th October. Vice President is a honorary role to recognize members who have represented the club with honour or undergone roles for the club

After the Annual General Meeting there will be an informal reception with free drinks and food open to all members welcome to attend, please let us know of your intention to attend by emailing club secretary Steve Bosley on [info@hernehillharriers.org](mailto:info@hernehillharriers.org) or text 07721 555688 so we have a guide to expected numbers .

Kind regards  
Steve Bosley  
Hon Gen Secretary  
Herne Hill Harriers  
07721 555688

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## **Interested in Helping the Club / Becoming an Official ?**

Are you Interested in officiating / helping for next summer ? you can get qualified by completing an on line course or attending a local course at a weekend and then gaining experience at the clubs track and field fixtures next spring / summer. We are keen to add to our numbers of officials for

timekeepers, track judges and field officials

Courses can be on line via the England Athletics website or there will be local courses during the winter

For details of options and how to book a course please contact Steve Bosley on tel 07721 555688 or email [info@hernehillharriers.org](mailto:info@hernehillharriers.org)

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